



theSPARROW

COIMBATORE CANCER FOUNDATION

World lung cancer day is observed on the 1st of August. Lung cancers are one of the leading causes of cancer mortality, with very few effective treatment modalities available. Tobacco and its derivatives are one of the prime risk factors for lung cancer and tobacco use among youngsters is a major social evil, the only method to curb this is by catching the at-risk population early into their adolescence. Thus, CCF works on two projects- Rainbow Community Project for tobacco awareness among school children and Tobacco-Free Coimbatore mission for the college students as a preventive measure from the risk of lung cancer. The pandemic has affected these programs severely and yet the CCF team tried our best by reaching out via virtual awareness programs in social media. The schools are all set to reopen and the CCF team is keen on restarting the program at its full scale soon.

CCF is committed to innovate and support all initiatives in cancer prevention and one day we dream of a world free of cancer, let's all work together to that wonderful day!

INSIGHT

PG. 2

Glowing Lamp: Case narrative

PG. 3

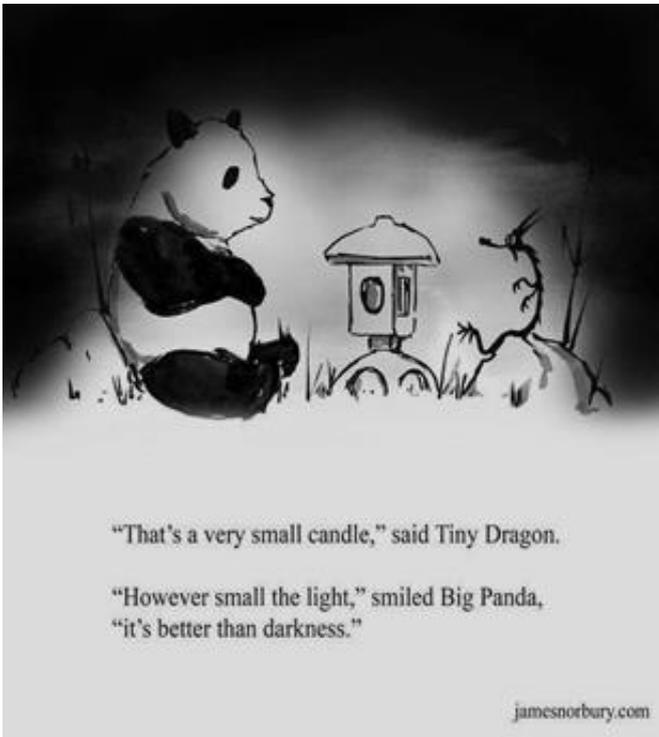
CCF Beyond Boundaries!



GLOWING LAMP

Mr A is a 46-year-old carpenter, and an alcohol addict was diagnosed with oesophageal cancer at KMCH hospital, His family could not afford the treatment and had to give up. The disease progressed and he develop a fistula which led to severe aspiration pneumonia.

The patient was identified by CCF's community service (Arivanappu) at Karadivavi. They counselled the family and moved him to PSG hospital. Oncologist at PSG advised him to undergo a palliative feeding procedure. The patient's treatment cost was subsidized by CCF and he was placed on a nasogastric tube feeding under endoscopy. Post-procedure he improved drastically and started to ambulate but still his alcohol addiction is causing major troubles in his family and the CCF counsellors are trying their best to sort it!



PSYCHOLOGICAL SUPPORT

NARRATIVE THERAPY

Narrative therapy is a method of therapy that separates a person from their problem. It encourages people to rely on their skills to minimize problems that exist in their lives.

Throughout life, personal experiences become personal stories. People give these stories meaning, and the stories help shape a person's identity. Narrative therapy uses the power of these stories to help people discover their life purpose. This is often done by assigning that person the role of "narrator" in their own story. Narrative therapy includes-

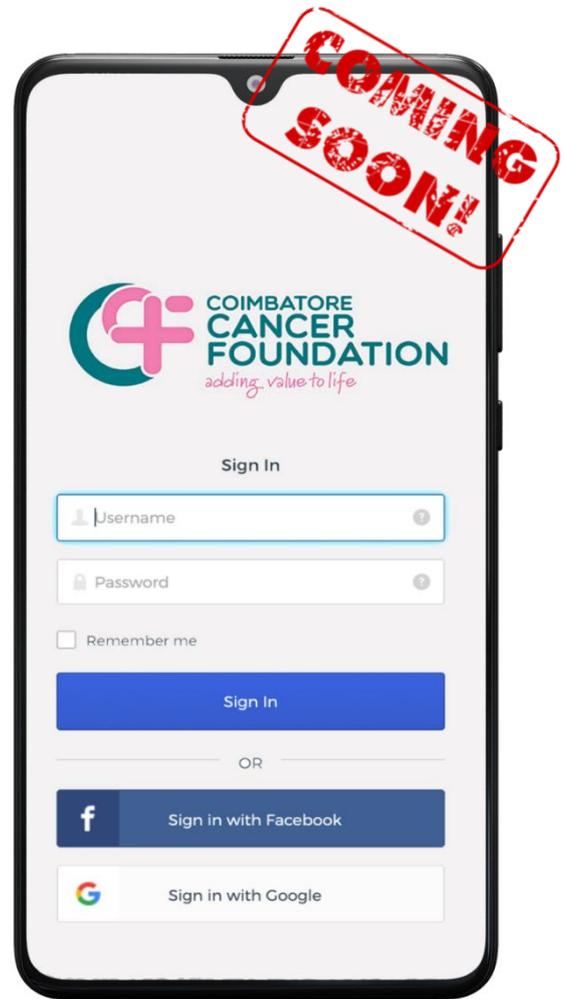
- Helping people objectify their problems
- Framing the problems within a larger sociocultural context
- Teaching the person how to make room for other stories



CCF IS GOING BEYOND BOUNDARIES WITH CCF UPSKILL !

CCF has decided to launch an e-learning solution to train & democratize learning for all caregivers. The course is a HYBRID solution with online and contact sessions offered at the CCF office and in collaboration with PSG Hospitals. The courses are planned for

- Patient caregiver
- Volunteers
- Palliative Care Nurse
- Palliative Care Doctor



Another Feather in CCF's Cap

Our clinical Team Lead, Dr Harsha Singh is selected as one of the core committee members of Tamil Nadu Pain and Palliative Care Society. CCF has been a pioneer and a thought leader in developing and implementing palliative care programmes in Tamil Nadu and we find this opportunity very encouraging to contribute more to the development of Tamil Nadu's footprint in the Palliative care services sector.

Activities of the month.

The CCF team counselled ninety-two new patients and reviewed two hundred and forty-three patients, we also enrolled sixteen new palliative care patients into our care registry. There were twenty-two follow up sessions under the PSG home care service. The Arivanappu program serviced twenty-eight patients which included two new cases. The number of patients lost to cancer this month is seven and we extended our bereavement care to their families.

The CCF team extended treatment support of ₹ 2,17,932 to the patients of PSG hospital & ₹ 1,45,000 to GKNM hospital.

