

THE SPARROW

Let your faith be bigger than your fear. 



COIMBATORE CANCER FOUNDATION

The bygone month was celebrated as thyroid cancer awareness month and the activities by CCF were well received. The coming months are very critical for CCF and everyone is putting their best to develop the training modules in palliative care (We had announced the CCF UPSKILL earlier). Coimbatore Cancer Foundation is working hard to build better relations with the various pioneers in palliative care and thus come up with stronger and better projects, thus getting one step closer to our mission!



BE OPTIMISTIC

Be
Strong
and
Fight
On

Mrs G, a 49-year-old lady was diagnosed with advanced breast carcinoma. She was seeking treatment from PSG hospitals, the doctors at PSG broke the bad news and she was not able to accept the condition. She lost her sleep and showed signs of significant depression and was enrolled into CCF's psychological support group. She started her chemotherapy sessions and after four cycles there was a significant change in the lump size, along with the psychological support, this brought a new sense of hope in her. The next few weeks was beautiful to watch as she returned to her daily activities and started to function well in her social circles. The clinical team and CCF counsellors felt immense joy and content to see such transformations in cancer patient's life. Such stories inspire everyone at CCF to take up our work with renewed vigour every day, we understand that cancer has pain but we prove to the public every day that there can be a smile too after the pain!



PSYCHOLOGICAL AWARENESS

Family systems therapy is a therapeutic technique where the therapist understands that each person is connected to an inseparable family unit, So to treat the person this entire unit has to be identified and brought under the influence of the therapist. In Oncology this is often required as the news of cancer affects everyone in the patient's family, so the therapist has to dive deeper and connect with all the individual members, this helps the patient to focus more on the treatment requirements.





PAIN AWARENESS MONTH

Our clinical team lead Dr Harsha Singh has published an interesting article on “pain management is a fundamental human right“ for the pain awareness month. The link is attached below

<https://www.covaipost.com/coimbatore/pain-management-is-a-fundamental-human-right/>



ACTIVITIES

The month of September is **Thyroid Cancer Awareness Month**. Hence, CCF & PSG Hospitals together spread awareness about Thyroid Cancer by displaying posters that included the Signs & symptoms, Risk Factors, Treatments, Prevention, and survivors experience. The team created a butterfly where the participants signed with their thumb impression to ensure that they participated and commit themselves to create awareness among their dear ones. The program had fifty-plus participants including patients, caregivers & healthcare professionals actively participating and interacting with the program, coordinated by Ms Shruthi and Ms Devadharshini



VOLUNTEER PROGRAM AT KARADIVAVI

The palliative care team took a training session for the volunteers at PSG hospital karadivavi and also conducted a session on breast cancer awareness in the rural community.

About:

- Breast cancer
- Causes for breast cancer
- Self-Breast examination
- Clinical test





WORLD ROSE DAY 2021

World Rose Day is annually celebrated on September 22nd in dedication to the welfare of cancer patients. Rose day is observed in memory of 12-year-old- Melinda Rose of Canada who when diagnosed with a rare form of blood cancer, did not give up hope and touched the lives of those around her on a positive note, the remaining six months of her life.

On this day, we share the story with our patients and motivate them to undergo treatment of cancer. We distribute goodie bags comprising fruits, affirmation cards and roses to all our patients in Oncology Department.



CCF works towards bringing cheer and hope into the lives of all those people who have been affected by cancer. We also remind our patients and their caregivers, that they are not alone in this battle against the deadly disease.



ACTIVITY OF THE MONTH

Orientation programmed for MSW students

1. CCF conducts an orientation program for MSW students as part of their curriculum. On 28th September 2021, our Counsellor took Orientation for Ist year students of Ramakrishna Mission Vidayala. The sessions covered
 - Cancer and its myths,
 - How social worker plays an important role in cancer care setting
 - CCF's activities
2. The students from various colleges came for internship to CCF and has completed their 1month program here.
3. A group of staff nurses were selected to man the palliative care wards at PSG, Dr Harsha and team have started their induction program and will be completeing before 9th October 2021 .
4. CCF subsidized the treatment cost of cancer patients in coimbatore and gave a sum of three lakh twenty five thousand two hundred and fifty eight rupees for this purpose in the month of September 2021

