

the sparrow

dec 2021

HAPPY NEW YEAR

2022



1 page

Expressive arts therapy
Warrior`s Story



2 page

Monthly Activity
Orientation for students
Support group meeting for the
month of December



3 page

Social Skill Training Activity
Aravanippu Events



4 page

Patient Statistics
Coimbatore Marathon





Expressive arts therapy

Expressive arts therapy combines psychology and the creative process to promote emotional growth and healing.

This multi-arts, or intermodal, approach to psychotherapy and counselling uses our inborn desire to create be it music, theatre, poetry, dance, or other artistic form as a therapeutic tool to help initiate change. The therapist observes the child's processes, behaviour, and impulses, and then encourages the child to talk about the experience.



Warrior`s Story

Usha was diagnosed with CA Breast few years back for which she underwent surgery in GH. She had recurrence in the primary area itself and she also had a very painful wound which was causing her discomfort.

Usha was advised for few Chemo cycles, but she couldn't withstand chemo and was very anaemic. Her body couldn't cope up Chemotherapy. She is a single parent and has two kids. Her daughter was doing her graduation. Usha's husband left her after hearing that, his wife was diagnosed with Cancer. Her elder sister is her primary caregiver.

Unfortunately, cancer had spread to liver and she had difficulty eating and became anaemic. She had multiple visits to the hospital in between chemo session. She was later shifted to palliative care for pain management with a poor prognosis.

Usha was given several Counselling Sessions by CCF Counsellors, CCF team helped in paying her daughters school Fees. They also got a job for her son, and arranged funds for her medical and treatment expenses. Usha's condition was deteriorating day by day and the family decided to take her back home. Usha passed away on 6th of November 2021.

Usha had a tough fight till the end of her life...





Orientation for students

Took orientation for 1st year MSW students from Nehru college, Kongu college of Arts and science and Avinashilingam university. More than 50 students on various days. Orientation about CCF events, Cancer and its types, treatment modalities, counselling process etc.



Support group meeting for the month of December

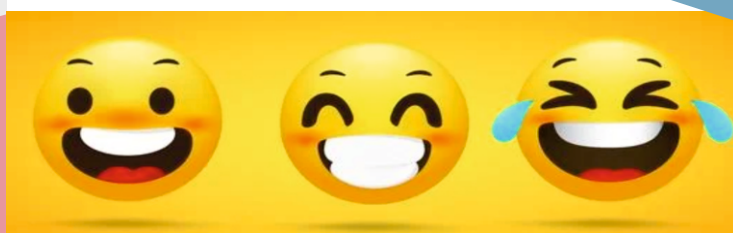
CCF conducted support group meeting at PSG hospital on 21st of December 2021 from 10.30am to 11.30am. The aim of the support group is to create awareness, educating the patient and caregivers.

In the meeting we focus consultant discussion, diet, physiotherapy and relaxation exercise. The session was to interact with patient and caregivers, they asked questions related to cancer and treatment process. The program was hosted and co-ordinated by CCF Team and the internship students from Nehru and Ramakrishna college, they supported and motivated the patients in the meeting.



Social Skill Training Activity

The internship students and the counsellors from CCF team conducted the social-skill training activity in both OP department, and the patient ward at the department of oncology. The activity focuses to engage the patient, make them happy and motivate them to overcome their distress due to their disease condition.



Aravanippu Events

The ARAVANAIPPU Volunteer (Viluthuzal) meeting was held at Lakshmi Nayakkan Palayam village with 12 volunteers. And they actively participated in the meeting, including retired postmaster, youth group, graduates, SHG (Self Help Group) member, and a patient.

Patient Statistics

Aravanaipu Patient Statistics

The CCF team counselled 49 new patients and reviewed 195. The Aravanaipu program serviced 3 new patients and 27 review cases.

PSG Hospital Patient Statistics

New case counselled 94 and review cases 195

Fund Supported

The CCF team extended their financial assistance for cancer treatment for the month of december is Rs. 4,16,830



Coimbatore Marathon

We pleased to share that we have crossed last year's registrations. we have 6,767 this year Vs 6,521 last year. Another highlight is that we announced Rs. 99 for registration with the option for participants to donate more... the average donations towards registration is at Rs. 192 - proof of the strong credibility of CCF and the marathon in the community

