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Jan 2022



January



1 page

Motivational Interviewing
Warrior`s Story



2 page

Monthly Activity
Students Trainning
Patient Statistics

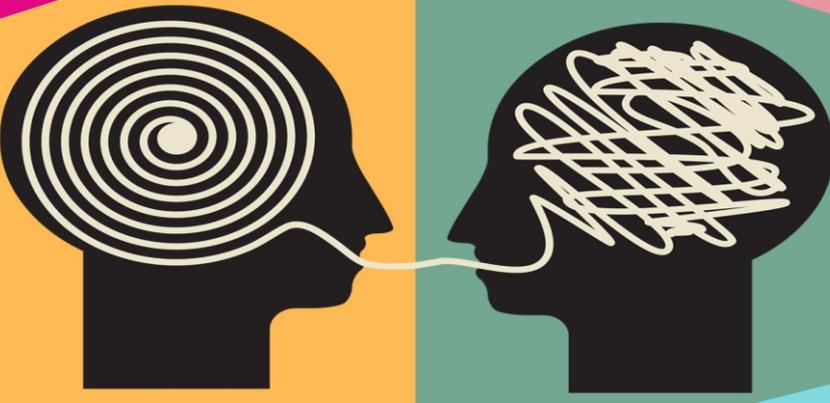




Motivational Interviewing

Motivational interviewing is a counselling method that helps people resolve ambivalent feelings and insecurities to find the internal motivation they need to change their behaviour.

It is a practical, empathetic, and short-term process that takes into consideration how difficult it is to make life changes.



Warrior`s Story

Keerthika Lakshmi was admitted with multiple complications and placed in end-of-life care for over two weeks. Primary CA was found in Colon stage IV and she underwent 5 surgeries in the past few years. Tumour recurrence led to metastasises in the Brain which further led to many complications and slowly caused total immobility.

Keerthika was a very cheerful girl and was given Tele counselling by Mrs.Saraswathi senior Counsellor at CCF. Though she was hesitating to open up in the beginning, she slowly started to talk and share her emotions and her unfulfilled dreams with Saraswathi Mam. She was given several sessions of Tele counselling during the lockdown period, which helped her to cope up with Anxiety and slowly started to have acceptance of her current health condition. Keerthika's Primary Caregivers are her mother, brother and her Fiancé. They tried all means of treatment to give good Quality of life to her.

Unfortunately, when keerthika got admitted she was not fully conscious, lost mobility and stopped eating, by now she had started showing withdrawal symptoms. Even though she couldn't talk and move, her eyes would open and look at Saraswathi Mam when she heard her voice, that was the amazing bond that she had built within few months of Counselling.

Keerthikas mother was very anxious and would talk hours together as she couldn't accept the critical condition of her daughter. She was also given counselling by CCF counsellors. We lost Keerthika on November 8th 2021 around 8.30pm, unfortunately her mother was not around as left home to pick up few things. Team CCF counsellors immediately gathered to the room and bereavement support was given to the family. The team helped the family by fastening the billing process etc.

Keethikas mother considers CCF counsellors as her family and feels extremely blessed to have them in her life. Her mother is still in touch with CCF counsellors, she calls them every now and then whenever she feels lonely and depressed, And the Journey Continues.



Monthly Activity



Student Training

On January our CCF team gave a orientation to M.Sc Nursing Students for 2 Days about Palliative care, Hospice and what are all the counselling and treatments given to the patients. The orientation was done by our CCF and PSG Doctor and Counsellor.

And also they had a interaction with a patient who was admitted at Santham at PSG Hospital.

Patient Statistics

Aravanaipu Patient Statistics

The CCF team counselled 49 new patients and reviewed 195. The Aravanaipu program serviced 3 new patients and 27 review cases.

PSG Hospital Patient Statistics

New case counselled 78 and review cases 255

Fund Supported

The CCF team extended their financial assistance for cancer treatment for the month of January is Rs. 1,70,000

