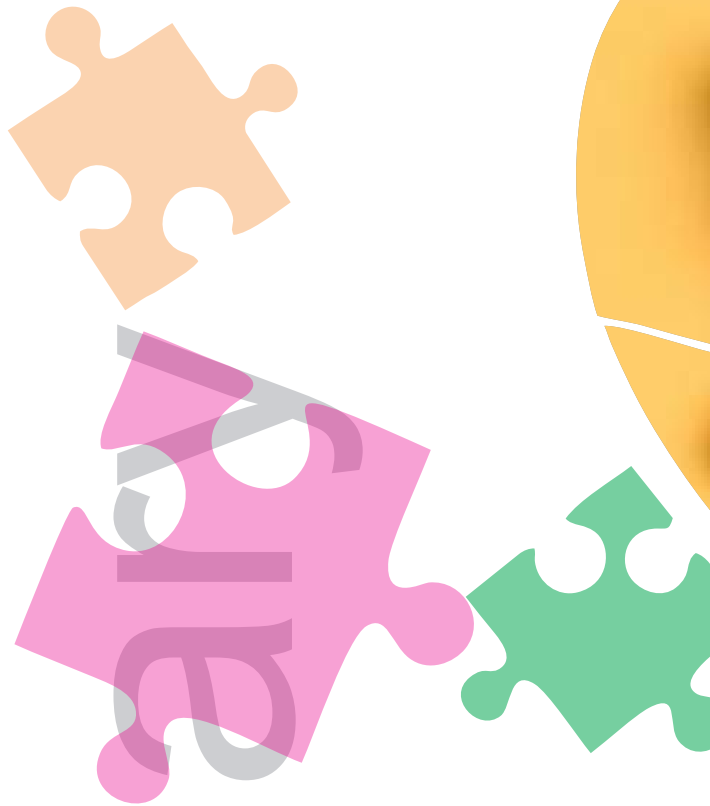


the sparrow

feb 2022



1 page

Family Therapy
A Hero's Story
World Cancer Day (feb-14)



2 page

World Cancer Day - Karadivavi (feb-14)
International Childhood Cancer Day
(feb-15)



3 page

Review Meet
School Awareness Programme



4 page

Aravanaippu Report
Our Funding Report
Gratitude is the Best Attitude





Family Therapy

Family Therapy is a form of treatment that views psychological problems and their treatment in terms of the interactions among family members. Families are seen as an integrated, interconnected unit in which psychological functioning is influenced by each and every family member individually and collectively as an entire system.

A Hero`s Story

Mr.X, a twenty three year old male, was diagnosed with Lymphoma. Initially, the patient`s family associated the disease with going to the Gym as the patient did not eat much due to dietary restrictions. So, they scolded him in the OP ward in front of every one.

This upset him to the extent where he began to have suicidal thoughts as he felt helpless because of his parent's attitude. "I am more worried about my parent's ignorance and my career, than the disease". At this point out CCF Staff approached the parents and the patient. CBT, psycho-education along with various interventions was given to the whole family, leading to a better understanding about the illness. The patient has now completed his education and is doing well in his chosen profession. Now, he is still undergoing treatment, but with hope and happiness.



World Cancer Day (Feb-4th)

Coimbatore Cancer Foundation and PSG Institute together celebrated 'World Cancer Day' on February 4th, 2022. Our theme for this year is "CLOSE THE CARE GAP." More than fifty participants attended and benefited from the event. The In and Out patients, cancer survivors and their family, PSG nursing students and faculty, staff from the Oncology Department and CCF staff, actively participated to spread cancer awareness.

The events included poster presentation, acting out an awareness skit on how to view cancer positively. It was followed by an Oncologist's speech, a Survivor's speech, and a Q & A session. Two webinars were conducted for two colleges and a video of the public`s view on cancer was taken.





World Cancer Day Awareness Programme in Karadivavi

On the same day, our Aravanaippu team made posters which were displayed at PSG Hospitals Karadivavi. This was followed by an awareness speech to the patients and distribution of pamphlets. In the afternoon awareness programme held at the school, we conducted a quiz for the students and distributed prizes and pamphlets.



International Childhood Cancer Day (Feb-15th)

Coimbatore Cancer Foundation (CCF) and PSG Hospital together celebrated 'International Childhood Cancer Day' on February 15th. An event comprising 50 participants was held at PSG hospital, the programme also attended by doctors and staff of oncology department, PSG Pharm-D students, faculties, cancer survivors, their families, out patients and CCF staff.

The Coordinators put out posters and acted out an awareness skit. This was followed by an oncologist speech, cake cutting ceremony with the children and later gifts were distributed to them. Q&A session, public awareness video, social media posters and webinars were conducted for two arts and science colleges to create awareness.



Held at Puliampatti PHC with Medical officer ,VHN-3, SHN-1, staff nurse, lab technician , hospital worker and our Aravannaippu Team. We discussed the up coming works for the community.



The Students and teachers gave positive feedback. They are looking forward for more programmes like this.



our valuable feedback

[illegible]

Aravanaippu Report

In the month of February, our Aravanaippu team extended our wings of care for 11 new patients and reviewed 91 cases. Without our volunteers support we could not make this far.



Our Funding Report

We have given financial support of 4.10 Lakhs for the month of february.

- GKNM : Rs. 1,90,000
- PSG : Rs. 1,35,000
- Royal Care Hospital : Rs. 15,000
- Kovai medical Care : Rs. 70,000

[follow us on](#)



Coimbatore Cancer Foundation

Gratitude is the Best Attitude

We are very grateful to Dr.Rethinam, who on his 80th birthday, supported us financially to help the needy. Through his contributions to the CCF, he pays tribute to his mother who was diagnosed with Ca Throat and passed away when still young. Coimbatore Cancer Foundation thanks Dr.Rethinam for giving us wings to fly higher.

**Giving is not just about making a donation.
It is about making a difference.**



4 page