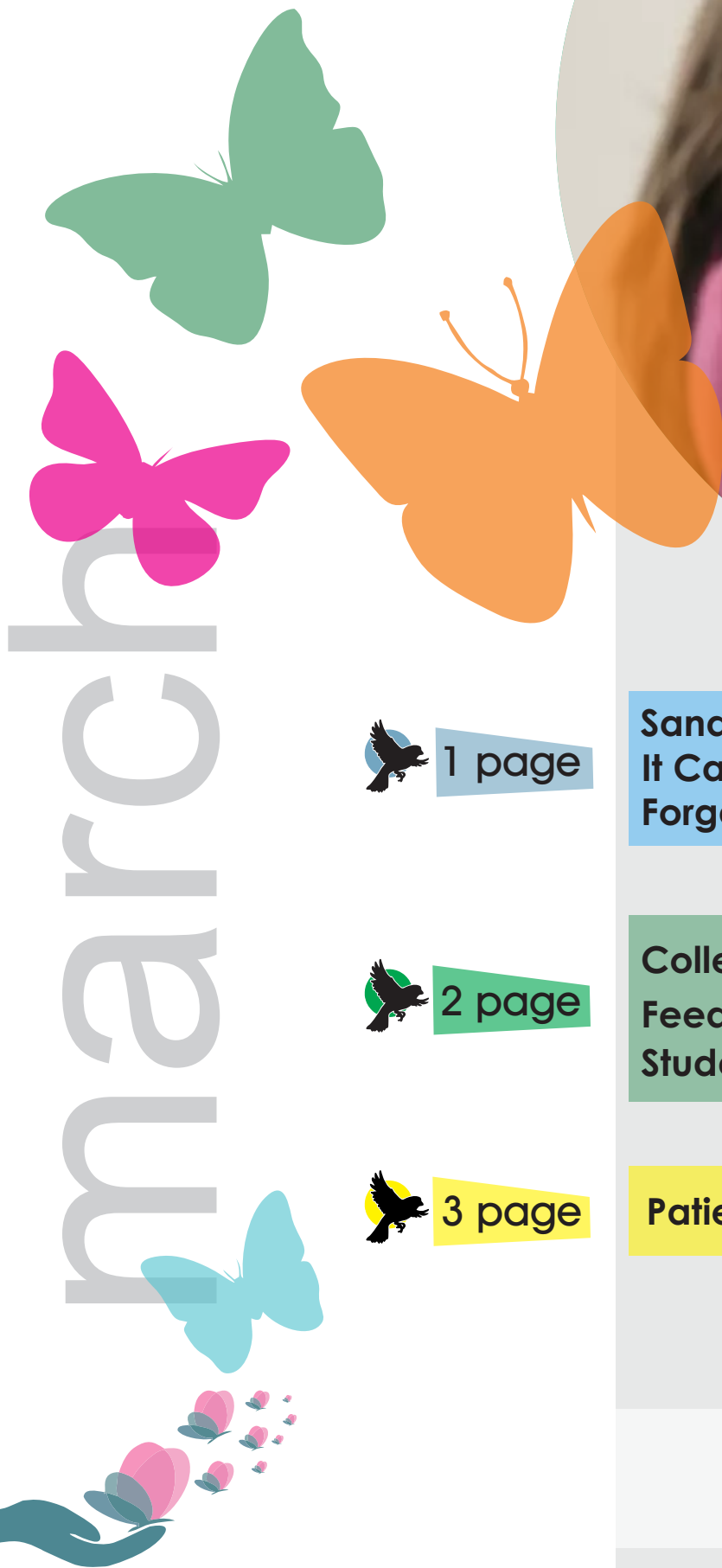




Vol - 02 Ep - 3

# the sparrow

Mar 2022



Vaccination of young adolescents against **HPV** is safe and prevents **Cervical Cancer**



1 page

**Sand Play Therapy**  
**It Can Be Done**  
**Forget Stress and Start Fun**



2 page

**College Awareness Programme**  
**Feedback**  
**Student Training**



3 page

**Patient Statistics**



## Sand Play Therapy

Sand play therapy is a nonverbal, therapeutic intervention that makes use of a sandbox, toy figures, and sometimes water, to create scenes of miniature worlds that reflect a person's inner thoughts, struggles, and concerns.

Sand play is especially well suited for working with young children, who often cannot express their inner feelings in words.

## It Can Be Done

Ms. X, a twenty two year old lady, was diagnosed with Ovarian Cancer. Her father had passed away during the COVID pandemic and the members of her family thought that her poor appetite was due to her grief over the loss of her Dad. However, there was no improvement in her eating pattern even after six months so they consulted a doctor. It was then that she was diagnosed with cancer. The whole family was aghast. They were unwilling to accept treatment and felt hopeless about her future. At this point our CCF Counsellor stepped in and educated them about the diagnosis and treatment modalities. They agreed to let her undergo treatment.

Now Ms. X is going through the treatment with a very positive frame of mind and shares an aura of hope with other patients as well.



## Forget Stress and Start Fun

To reduce the pain and boredom of the pediatric cancer patients, Our interns conducted various activities for the children and their care givers. This kept them actively involved and they enjoyed the session.







## College Awareness

The Aravanaippu team conducted an awareness meeting in Kamban College of Arts and Science. 80 students and 6 members of the faculty were made aware of cancer, its causes, treatment and palliative care.



## Feedback

The Coimbatore Cancer Foundation conducted an awareness programme on cancer and palliative care. We got to know about the Aravanaippu team which exclusively extends palliative care service to the patients in our community. 80 students and 6 faculties actively participated and gained knowledge about Cancer, its prevalence, risk factors, symptoms, treatment, etc. The whole programme was very useful for the students as well as for our faculties.

Thank you



R. Thilagamani  
17.03.2022

## FEEDBACK



## Student Training

RVS College of Nursing, Coimbatore participated in a one day workshop on "Orientation in Palliative & Hospice Care" held on the 25th of March at SANTHAM Department of Palliative care.

40 students of BSc.Nursing (IIIrd year) actively participated in the workshop organized by Coimbatore Cancer Foundation and PSG Hospitals.





**Aravanaippu Patient Statistics**

CCF Counselling

- 10 New Patients
- 115 Review Patients
- Totally 125 Patients

**PSG Hospital Patient Statistics**

- 199 New patients counselled
- 255 Review patients
- Totally 454 Patients

**Fund Support**

The CCF team extended their financial assistance of Rs.1,66,733 for cancer treatment in this month.

