



You can be a victim or a survivor of cancer. It's a mindset

Ms.Ranjitha , 37yrs/Female was diagnosed with breast cancer early this year. Ms.Ranjitha comes from a poor socio- economic background. She lost her parents and elder brother few years ago, after which she got converted to Christianity, knowing this her 2nd brother started maintaining distance and now they are not in touch.

Ms.Ranjitha is a very creative and talented person. She has completed M. Com and was a beautician before she became a victim of cancer. She had undergone the treatment all alone as she had no support from her brother. The only support she has is few of her friends from the church community. At present she has completed her chemotherapy as well as surgery (Mastectomy). She is recovering well post surgery and is regularly following-up for post-surgery care.

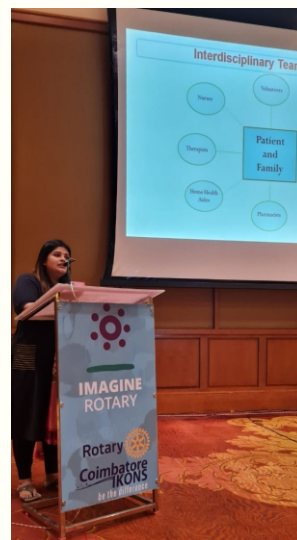
She is very thankful to CCF counselors as they helped her to overcome depression, anxiety and motivated her all through the treatment. CCF also helped her financially for her treatment expenses.

Mrs.Ranjitha is a person who doesn't want to give up no matter how hard the journey is. She is indeed a fighter. She believes that mindset played a vital role throughout her journey.

Activities of the month

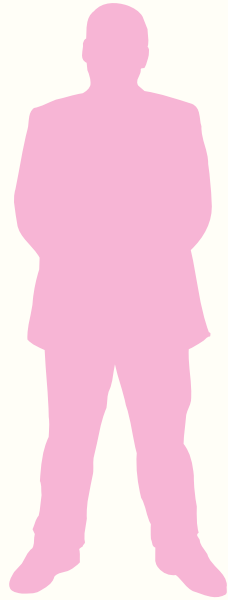
Orientation for MSW students

Orientation program about CCF for 40 students from Bharathiya University was conducted on 25th of August at CCF Head Office.



Talk on palliativecare

Dr. Harsha Singh gave a talk on Introduction to Palliative care which was Organized by Rotary Club of Coimbatore on 26th of august 2022



Success Story...

Mr. X, 84 years old was diagnosed with prostate cancer in 2020 and he underwent surgery immediately. He didn't attend any follow up after the surgery as his symptoms were relieved. The patient was doing fine until few months back when he started experiencing back pain which his family members related to his advancing age and gave him few pain killers which didn't help him. Later they sought consultation at local hospital where he was given some strong painkillers and physiotherapy which again proved unsuccessful.

In the meantime, patient also developed urinary symptoms and neurological symptoms of his both legs. It was at this point, the patient was referred to the Aravanaippu team and on detailed evaluation including basic investigations (to rule out cancer recurrence) was found to have recurrence of his prostate cancer which has spread to his back bone at multiple sites causing him such severe low back pain associated with neurological complaints. The patient was immediately referred to Radiation Oncologist for Palliative Radiotherapy. Now having completed his course of Palliative Radiotherapy, the patient is relieved of all his symptoms. As well as timely detection and intervention of his recurrent disease has prevented the patient from going into complete paralysis of his legs, which would've made him bed bound for the rest of his life.

(Information for all those reading: Any cancer after any sort of treatment could come back anytime for anyone, so it is recommended to attend the follow ups even after successful completion of treatment and to not ignore any symptoms which are persistent and worsening with time).

Upcoming Events.

Coimbatore Cancer Foundation is going to start
“Foundation Course for Caregivers”
from 12th - 18th September 2022 (9.30am-4.00pm).



Foundation Course for Care Givers

1 Week Intensive Training
for people willing to take up

CAREGIVING

as a Profession

COURSE DETAILS

Duration : 1 Week (12th - 18th September 2022)

Timing : 9:30 am to 4.00 pm

(Refreshment & Lunch will be provided)

Eligibility : 10th / 12th pass & above

Age : Above 20 years.

On successful completion of the training,
certificate will be provided after assessment.

Venue : Coimbatore Cancer foundation, Sungam,
Coimbatore

Contact : 89035 42422 / 99444 08049

Registration Fee: Rs. 500/- per candidate

[Free Reg. for First 10 Candidates]

